

Subscribe

Share ▼

Past Issues

Translate

San Diego Psychoanalytic Center Newsletter
December 2014 • Vol 2

[View it in your browser.](#)



News

The SDPC Offices will be closed from December 22, 2014 - January 2, 2015. Happy Holidays!!



Mojgan Khademi, Ph.D. has been selected to receive one of this year's Edith Sabshin Teaching Awards given by the American Psychoanalytic Association. The Edith Sabshin Teaching Award recognizes members of the American Psychoanalytic Association (APsaA) who have made outstanding contributions as educators of students who are not candidates.

Teaching non-candidate students is one of the most significant ways in which psychoanalysts contribute to our field, and to education. The late Dr. Edith Sabshin, in whose honor this award is named, was known for her abilities as a "natural" teacher, and was the founding Chair of the Candidates' Council (previously known as the Affiliate's Council), predecessor of the current Committee on Student/Resident Associates. Mojgan has been recognized by her colleagues at the San Diego Psychoanalytic Center as espousing the virtues of the late Dr. Edith Sabshin by being a superior educator, with a style and commitment to education to which others can aspire.

Her award will be presented before the start of the Afternoon Plenary during the 2015 National Meeting, which will take place on Friday, January 16, in the Grand Ballroom of the Waldorf-Astoria Hotel, NY. and her name and membership in SDPC will be published in APsaA's quarterly magazine, The American Psychoanalysts (TAP).

Congratulations, Mojgan!

With much gratitude during this holiday season, we give special thanks to the following 2014 SDPC member donors:

Barbara Rosen, Bryan Bruns, Cal Colarusso, Caroline de Pottel, Daniel

Blaess, Dan Gardner, Haig Koshkarian, Harry Polkinhorn, Joanne Callan
John Hassler, Lee Jaffe, Maria Ritter, Nadine Levinson, Reid Meloy, Rick Hall
Sonya Hintz, Tim Rayner

THANK YOU FOR YOUR SUPPORT!

Donate to SDPC Through [Amazon Smile](#)

[AmazonSmile](#) is a simple and automatic way for you to support SDPC every time you shop, *at no cost to you*. Amazon will donate 0.5% of the price of each purchase you make through AmazonSmile to SDPC. Sign up now and specify San Diego Psychoanalytic Center as the organization of your choice.

SDPC Member Spotlight

Jesús González-Monreal

Student, SDPC Adult Psychoanalytic Program



Hometown: Tijuana, Baja California, México

What was your pathway toward entering the mental health field?

I was always interested in human behavior. After finishing the B.A. in General Psychology in Tijuana, Mexico, I began working in neuropsychology

and evaluating cognitive development in children. After treating children in the autistic spectrum I began to see patients in psychotherapy. This work was in the city of Tijuana. However, at the same time I was working in SDSU in the Public Health Department in the Center for Behavioral Epidemiology and Community Health (C-BEACH) in research of health behavior regarding habits of smoking, tuberculosis, physical activity in adolescents, specifically in the immigration community. In doing research questionnaires in bicultural communities I saw the need of treating the individual as a way of understanding the motivation behind certain behaviors related to health in general.

And what drew you to psychoanalysis/psychoanalytic

psychotherapy? My interest in psychoanalysis began when I was in High School. Reading philosophical thought, I saw many authors that spoke about the importance of psychoanalysis to comprehend the reality of the other. When choosing a degree, philosophy was my main interest, however because psychoanalysis was my main attraction to mental health, I decided to first study the clinical experience of treating the other, leaving philosophy for a future day. Psychoanalysis and psychoanalytic psychotherapy are an essential theory of mind that takes a complicated path to understanding how unconscious thought creeps up behind our behavior and choices.

Tell us about your educational experience thus far at SDPC:

Particular courses, experiences, teachers, supervisors/consultants that have been most formative? The experience at SDPC has been very enriching; the instructors are very knowledgeable, patient, and humble in the way of describing their own experience. I felt a sense of community and even family, at the end of my training in the psychoanalytic psychotherapy program. In my current training in the psychoanalytic program the stakes are even higher, with a more intense and rigorous but also rewarding training. It is an experience I will not forget.

How has your training in psychoanalysis or psychoanalytic psychotherapy affected a) your practice, and b) your professional development? Other areas of life? I believe because of my training in the SDPC I engage with patients early on in the treatment, the respect and patience I feel for the patient is sincere. The interest in theory and supervision are essential to work as a mental health professional and the training I have received has been the most important in all of my academic training. As far as in my own personal life, it is impossible not to work with your mind, to understand clients, the vicissitudes of conscious thought

seriously enough, and not question yourself and your choices.

How else have you applied your analytic knowledge? I have a strong interest in philosophy and literature; I can say with certainty that psychoanalysis has complimented greatly those fields, in understanding via a different lens the complexity of thought.

What is something very few people know about you? I am passionate about two other things besides psychoanalysis: American professional football and Opera. This may sound strange but they actually compliment each other in a way. Both deal with strong emotions and both are very entertaining and fun.

Tell us about your practice and who you are most interested in working with. I am interested in working in analysis and psychotherapy with adults. The majority of my patients I work with are diagnosed with a personality disorder, with difficulties of impulse control; however I also see high functioning patients.

Where is your practice, and how can potential patients contact you?

In Tijuana Mexico, my contact info is at my email:

jesusrglez@hotmail.com.

SDPC Educational Events

Grievance As a Container of the Negative

Guest Presenter: Maxine Anderson, M.D.

When: Friday, January 30, 2015

7:30-9:30 p.m. (7:00 – registration/wine and cheese)

Where: SDPC

Cost: Members free, non-members \$25, students \$15

Register and Pay

CEUs: 2

While grief may lead to mourning and emergence from loss, grievance, especially stemming from early parental loss, may lead to the frozen, deadened entanglement with the lost object that is akin to Freud's concept of melancholy. This discussion will review some understanding about grievance and attempt to demonstrate in detail the clinical to and fro that may transform grievance into resolvable grief, while also respecting the massive de-animating resistance (entrenchment) that such grievance can mount against efforts to bring warmth and understanding.

Presenter Information:

Maxine Anderson, M.D. is currently a Training and Supervising Analyst at the Seattle Institute of Psychoanalysis, and a Clinical Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington. She was previously on the faculty at the Tavistock Clinic in London, England, and has published several papers in journals such as The British Journal of Psychotherapy, Journal of the American Psychoanalytic Association, and Psychoanalytic Inquiry. She has participated in numerous seminars and presentations regarding the Kleinian perspective on the human personality and ways of addressing aspects of the personality and especially unconscious processes.

Couples Therapy: A Psychoanalytic Systems Model

Guest Faculty: Felise Levine, Ph.D., presenter; Sheila Sharpe, Ph.D., discussant

This clinical presentation will focus on a couple in treatment using a psychoanalytic systems theory framework. Transference-countertransference, unconscious contracts, complementarity, and competitiveness will be among the themes discussed.

When: Friday, May 8, 2014 - 7:30pm to 9:30pm

7:00 PM - Registration/Wine & Cheese

Where: SDPC

858-454-3102(voice)

4455 Morena Boulevard, Suite 202

San Diego, CA 92117

United States

CEUs: 2

Cost: Free for SDPC Members

Non-members \$25, Students \$15

Register and Pay

Presenter Information:

Felise B. Levine, Ph.D., is a licensed psychologist, a psychoanalyst, and a family/couples therapist in private practice in La Jolla. She is co-author, with James L. Framo and Timothy T. Weber, of the book *Coming Home Again: A Family-of-Origin Consultation*. She is past president of the San Diego Psychological Association and serves on the faculty of the Psychoanalytic Psychotherapy Program at SDPC.

Sheila A. Sharpe, Ph.D., specializes in treating couples and individuals in private practice in La Jolla, California. She is the author of the book *The Ways We Love: A Developmental Approach to Treating Couples* (Guilford Press, 2000) and has published several articles on couples therapy. She is on the faculty of the San Diego Psychoanalytic Center and teaches in the Psychoanalytic Psychotherapy Program.



FIRST ANNUAL SDPC WRITING SYMPOSIUM

CALL FOR PROPOSALS Deadline Extended

Writing about the Difficult Character in Psychoanalysis and Psychoanalytic Psychotherapy

Plenary Speaker: Reid Meloy, Ph.D.

Date of Symposium: May 16, 2015; 8.30-4

Proposal Submission Deadline January 5, 2015

Cost of Symposium: CEU credit

Instructors:

Harry Polkinhorn, Ph.D.

Caroline de Pottél, Ph.D.

Possible areas for exploration:

How can clinical writing be used to formulate countertransferences to difficult patients?

What are the pitfalls and advantages of reliance on vague diagnostic labels in writing about difficult cases?

What can metaphor and symbolic imagery contribute to articulating an understanding of mutative action with the difficult patient?

How does narrative structure influence diagnostic formulation in reports of difficult patients?

In what ways do the conventions of story-telling (character, plot, descriptions of scenes or persons, etc.) overlap with case-report writing practices, with reference to writing about difficult patients?



Théodore Géricault, Kleptomaniac, 1822
from Portraits of the Insane

Symposium Concept and Presentations:

“Writing about the Difficult Character” is conceived as a series of open-ended, collegial discussions among those with an interest in deepening their understanding of demanding patients using writing in new ways. Since the symposium will not feature the presentation of polished written arguments but will facilitate a more informal approach, SDPC encourages full participation (presenters and audience). A range of writing styles will be invited, from standard clinical case reports to the personal essay, memoir, and so on. Sufficient time will be allocated for open discussion in addition to presentation.

Link to SDPC Website for additional details about proposal submission and Symposium registration

4455 Morena Boulevard, Suite 202, San Diego, California 92117
Telephone 858-454-3102 Facsimile 858-454-0075
Email: sdpc.michelle@gmail.com
Website: www.sdpc.org

See more upcoming educational events [here](#).

The San Diego Psychoanalytic Center

is dedicated to promoting the relevance and vitality of psychotherapy and psychoanalysis

Advanced Training

Innovative, inspiring and individualized education

Continuing Education

Educational events for mental health professionals and the public about psychoanalytic thinking and clinical applications in diverse settings

Mentoring

Fellowship for mental health trainees early-career therapists

Community Involvement

Connections with mental health professionals, academic institutions, and professional societies

Referral Service

Referrals for psychoanalysis and psychoanalytic psychotherapy for adults, adolescents and children in the San Diego area (619-615-8428)

Events and Celebrations

Upcoming event: Spring celebration to honor new grads

Collegial Connections

Community of supportive, experienced, and dedicated psychoanalytic therapists

Practice Promotion

Support in building your therapy practice

Services Offered By SDPC Members

Please send your Announcements to: sdpc.michelle@gmail.com

SDPC Member Classifieds

Please send your ads to: sdpc.michelle@gmail.com

REMINDER: Please send all future announcements/event advertisements to Ms. Michelle Spencer at: sdpc.michelle@gmail.com. They will be included in the next volume of the SDPC weekly newsletter.

Donate to SDPC Through [Amazon Smile](#)

[AmazonSmile](#) is a simple and automatic way for you to support SDPC every time you shop, *at no cost to you*.

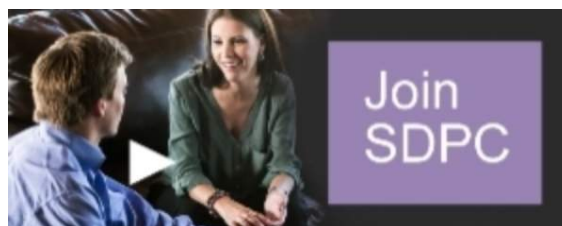
Amazon will donate 0.5% of the price of each purchase you make through AmazonSmile to SDPC.

Sign up now and specify San Diego Psychoanalytic Center as the organization of your choice.

Submit Your Announcements

Visit Our Website

Show Your Support &
Donate



Forward to Friend

San Diego Psychoanalytic Center

4455 Morena Boulevard • Suite 202 • San Diego, CA 92117

Ph: 858-454-3102 Fax: 858-454-0075

Established in 1973 as a non-profit 501c3, the San Diego Psychoanalytic Center provides advanced mental health training in psychoanalysis and psychoanalytic psychotherapy; mentoring; community education; and public service to San Diego County.

Accredited by the American Psychoanalytic Association. Member of the American Psychoanalytic Association, the International Psychoanalytic Association, and FIPAS, the organization of Southern California Psychoanalytic Institutes and Societies. © 2014 San Diego Psychoanalytic Center. All rights reserved.

[unsubscribe from this list](#) [update subscription preferences](#)