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San Diego Psychoanalytic Center Newsletter

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April 2015 • Vol 4



## Alan Sugarman, PhD to Present During APsaA & Association for Child Psychoanalysis Meetings

[Alan Sugarman, Ph.D.](#) will be one of the discussants of the plenary presentation at the Association for Child Psychoanalysis meetings in Austin, Texas on May 2, 2015. A presentation of the analysis of a pre-latency boy by Dr. Charles Park will be discussed by Drs. Sugarman and Rona Knight from each of their preferred theoretical/ clinical perspectives. Dr. Sugarman will also be the discussant at the Two Day Clinical Workshop in Child and Adolescent Psychoanalysis at the Annual Meeting of ApsaA in San Francisco on June 5,6, 2015. A clinical case will be presented in detail over those two days, and Dr. Sugarman will discuss it.



## Caroline de Pottél, LCSW, PhD will present at the International Psychoanalytic Association Conference

Dr. de Pottél will present her paper "Out of the Shadows: The Female Mind Blocked by Childlessness Stigma" at the International Psychoanalytic Association Conference in Boston on July 24, 2015 at 5:45 pm.

[Dr. de Pottel](#) discusses motherhood as a social norm that is deeply embedded in our culture as a symbol, yet emphasized as though a mandated precondition for social acceptance as a mature woman. Internalized stigmas from unmet social norms can be perceived personally as abnormal. The reification of

motherhood remains a barrier to the transformation of childlessness into metaphoric usage both culturally and within the psychoanalytic literature. The author illustrates a female case where this metaphoric transition takes place.



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SDPC Gala Fundraiser honoring [Calvin Colarusso, MD](#) will be held on Saturday, 11/14/15

**Please save the date. Invitations will follow shortly.**

Calvin Colarusso, M.D.



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## SDPC Educational Events

## **Last Extension Event Until Fall 2015!**

### **Couples Therapy: A Psychoanalytic Systems Model**

**Faculty Presenters: Felise Levine, Ph.D. and Sheila Sharpe, Ph.D., discussant**

**When: Friday, May 8, 2015, 7:30-9:30 p.m. (7:00 – registration/wine and cheese)**

**Where: SDPC - 4455 Morena Blvd., Ste. 202 San Diego 92122**

**Fees: Psychoanalytic & Psychotherapy Members: free, Non-Members: \$25, Students: \$15, (Student Members receive 40% off Student fee, Associate Members receive 15% off non-member fee, & Friend Members receive 15% Non-Member fee)**

**CEUs: 2 hours**

This clinical presentation will focus on a couple in treatment using a psychoanalytic systems theory framework. Transference-countertransference, unconscious contracts, complementarity, and competitiveness will be among the themes discussed.

**Felise B. Levine**, Ph.D., is a licensed psychologist, a psychoanalyst, and a family/couples therapist in private practice in La Jolla. She is co-author, with James L. Framo and Timothy T. Weber, of the book *Coming Home Again: A Family-of-Origin Consultation*. She is past president of the San Diego Psychological Association and serves on the faculty of the Psychoanalytic Psychotherapy Program at SDPC.

**Sheila A. Sharpe**, Ph.D., specializes in treating couples and individuals in private practice in La Jolla, California. She is the author of the book *The Ways We Love: A Developmental Approach to Treating Couples* (Guilford Press, 2000) and has published several articles on couples therapy. She is on the faculty of the San Diego Psychoanalytic Center and teaches in the Psychoanalytic Psychotherapy Program.

Educational Objectives: At the end of this presentation, participants should be able to:

1. Define psychoanalytic systems couples therapy.
2. Identify three basic tenets of psychoanalytic systems couples therapy.
3. Discuss the role of counter-transference in treating couples.
4. Describe the unique aspects of transference in treating couples.
5. Discuss the impact of cultural identification in psychoanalytic couples therapy.

**RSVP now through April 24th and receive \$10 off the registration fee: [sdpc.michelle@gmail.com](mailto:sdpc.michelle@gmail.com)**

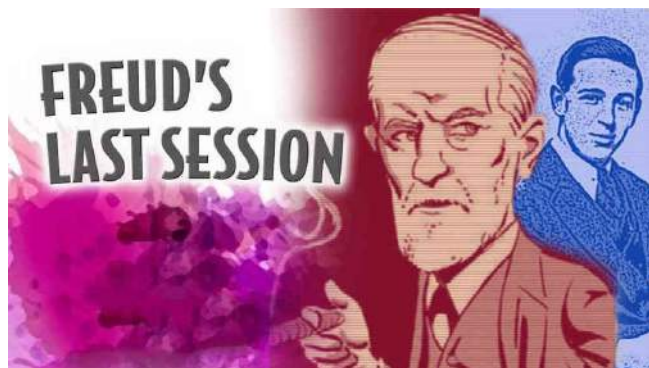
See more upcoming educational events [here](#).

*Featured Today*

APRIL 23, 2015

**Freud & C.S. Lewis Talk God, Sex & Meaning of Life  
in *Freud's Last Session***

📍 Lamb's Players Theatre (Coronado, CA)



FULL PRICE  
\$34.00 - \$54.00

OUR PRICE  
\$17.00 - \$27.00

13 Dates Available

★ Star 12

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4.3 by 4 members

Imagine being a fly on the wall and taking in a heated conversation between Dr. Sigmund Freud, the devoutly atheist father of psychoanalysis, and philosophical Christian writer-professor C.S. Lewis, author of *The Chronicles of Narnia*, on the same day that England enters into World War II. Well, if your synapses just started sparking off at the thought of such a stimulating debate, you're in luck — *Freud's Last Session* brings precisely that imagined encounter to vivid life on the stage of Lamb's Players Theatre. This spirited and critically acclaimed off-Broadway play by Mark St. Germain (*The God Committee*) finds these two intellectual giants confronting each other over their beliefs concerning love, sex, death and the existence of God. The result is a profound, touching and surprisingly humorous play about two renowned thinkers who spent their lives boldly exploring the depths of life's most significant questions.

To Purchase Tickets: <http://www.lambplayers.org/cal.php>

### Call for Papers - June APSaA Meetings

Dear Members,

This is a call for submissions for the January 2016 National Meeting taking place from January 13 – 17, 2016 at the Waldorf Astoria Hotel in New York.

The deadline for proposals for **Scientific Papers, Discussion Groups** and **Symposia** is Friday, May 22<sup>nd</sup>. Please note, if you have an already existing discussion group, you do not need to submit a proposal. This is a call for proposals for new discussion groups only.

Click [here](#) to visit the meetings page for submission guidelines.

The Scientific Program for the January 2016 Meeting promises to be full of exciting sessions. This is your opportunity to be part of it!

Carolyn Gatto  
Scientific Program and Meetings Director

The American Psychoanalytic Association | 309 East 49<sup>th</sup> St., New York, NY 10017  
[212-752-0450 ext. 20](http://212-752-0450) | [apsa.org](http://apsa.org) | fax [212-593-0571](http://212-593-0571)

## San Diego Psychiatric Society's Annual Conference, ***Advances In Addiction***

The San Diego Psychiatric Society planning committee cordially invites you to attend the San Diego Psychiatric Society's Annual Conference, ***Advances In Addiction*** on June 6<sup>th</sup> and 7<sup>th</sup>, 2015. Please visit [www.sdpscme.com](http://www.sdpscme.com) for the full agenda, speaker bios, and registration information. If you would like additional information, please contact Executive Director Victoria Pak at [info@sandiegopsychiatricsociety.org](mailto:info@sandiegopsychiatricsociety.org).

**ADVANCES IN ADDICTION**

June 6<sup>th</sup> & 7<sup>th</sup>, 2015  
Hyatt Regency in La Jolla at the Aventine

3777 La Jolla Village Drive  
San Diego, California 92122

Tel: 858-552-1234  
<http://www.hyattregencylajolla.com>

Mention the San Diego Psychiatric Society for discounted rates on hotel reservations!

[CLICK HERE TO REGISTER](#)

Jointly Sponsored by the American Psychiatric Association and the San Diego Psychiatric Society, a District Branch of the American Psychiatric Association.

  
San Diego Psychiatric Society  
A District Branch of the American Psychiatric Association

## The San Diego Psychoanalytic Center is dedicated to promoting the relevance and vitality of psychotherapy and psychoanalysis

### Advanced Training

Innovative, inspiring and individualized education

### Continuing Education

Educational events for mental health professionals and the public about psychoanalytic thinking and clinical applications in diverse settings

### Mentoring

Fellowship for mental health trainees early-career therapists

### Community Involvement

Connections with mental health

### Referral Service

Referrals for psychoanalysis and psychoanalytic psychotherapy for adults, adolescents and children in the San Diego area (619-615-8428)

### Events and Celebrations

Upcoming event: Spring celebration to honor new grads

### Collegial Connections

Community of supportive, experienced, and dedicated psychoanalytic therapists

### Practice Promotion

professionals, academic institutions,  
and professional societies

Support in building  
your therapy practice

## Services Offered By SDPC Members

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REMINDER: Please send all future announcements/event advertisements to Ms. Michelle Spencer at: [sdpc.michelle@gmail.com](mailto:sdpc.michelle@gmail.com). They will be included in the next volume of the SDPC weekly newsletter.

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## San Diego Psychoanalytic Center

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Established in 1973 as a non-profit 501c3, the San Diego Psychoanalytic Center provides advanced mental health training in psychoanalysis and psychoanalytic psychotherapy; mentoring; community education; and public service to San Diego County.

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