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San Diego Psychoanalytic Center Newsletter

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May 2015 • Vol 1



Position Available: SDPC Extension Division Director

The San Diego Psychoanalytic Center is seeking a new Director of its Extension Division beginning with the 2015-16 academic year. The position offers unique opportunities to become more involved in our psychoanalytic community through playing an important role in arranging for our dynamic and evolving event series (scientific presentations, seminars, workshops). The Director has a budget and works closely with a congenial group of SDPC colleagues, who are experienced in sharing the responsibilities of setting up our public programs. The current, outgoing Director will play a strong support role during the transition period. Those interested should contact our Administrator, Michelle Spencer, at sdpc.michelle@gmail.com.

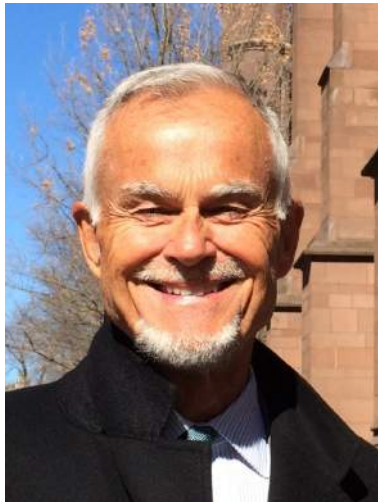
Member Publication ~ Tara Robbins, Ph.D.

[Tara Robbins, Ph.D.](#) has published a book review: Robbins, T.S. (2015).

Review of The Year of Durocher by Theodore Jacobs. Psychoanalytic Quarterly, 84: 261-263.

Member Presentation ~ Reid Meloy, Ph.D.

Reid Meloy, Ph.D., gave an invited master lecture at the California Psychological Association Annual Convention on April 25: "Contemporary Threat Assessment: Psychologists' Response to a World at Risk."



Alan Sugarman, PhD to Present During APsaA & Association for Child Psychoanalysis Meetings

Alan Sugarman, Ph.D. will be one of the discussants of the plenary presentation at the Association for Child Psychoanalysis meetings in Austin, Texas on May 2, 2015. A presentation of the analysis of a pre-latency boy by Dr. Charles Park will be discussed by Drs. Sugarman and Rona Knight from each of their preferred theoretical/ clinical perspectives. Dr. Sugarman will also be the discussant at the Two Day Clinical Workshop in Child and Adolescent Psychoanalysis at the Annual Meeting of ApsaA in San Francisco on June 5,6, 2015. A clinical case will be presented in detail over those two days, and Dr. Sugarman will discuss it.



Caroline de Pottél, LCSW, PhD will present at the International Psychoanalytic Association Conference

Dr. de Pottél will present her paper "Out of the Shadows: The Female Mind Blocked by Childlessness Stigma" at the International Psychoanalytic Association Conference in Boston on July 24, 2015 at 5:45 pm.

[Dr. de Pottel](#) discusses motherhood as a social norm that is deeply embedded in our culture as a symbol, yet emphasized as though a mandated precondition for social acceptance as a mature woman. Internalized stigmas from unmet social norms can be perceived personally as abnormal. The reification of motherhood remains a barrier to the transformation of childlessness into metaphoric usage both culturally and within the psychoanalytic literature. The author illustrates a female case where this metaphoric transition takes place.



The SDPC Graduation Celebration will be held on Saturday, June 13, 2015 at the Home of Caroline de Pottel and Fred Lonider. Catering by California Cuisine.

Time and Details to be announced.

SDPC Gala Fundraiser honoring Calvin Colarusso, MD will be held on Saturday, 11/14/15

Please save the date. Invitations will follow shortly.

Calvin Colarusso, M.D.



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SDPC Educational Events

The 2015-16 Extension Program Schedule will soon be posted on the SDPC Website.

See more upcoming educational events [here](#).

Proposed APsaA Organizational Changes

Dear Friends and Colleagues,

The following memo was just sent to the Executive Council, the Board on Professional Standards, and now, to you, the membership. The ideas and recommendations made in this memo will be discussed in detail at the June meetings in San Francisco by both the Executive Council and the BOPS. We look forward to your input to Councilors, BOPS Fellows, and the Executive Committee between now and the June meetings.

Thank you for your attention to these important matters of the association and our profession. We look forward to seeing many of you in San Francisco.

Best regards, Mark

Mark D. Smaller, President

May 8, 2015

Dear Members of the Executive Council and the Board on Professional Standards,

During our Joint Meeting this past January in New York, many problematic aspects of governance and psychoanalytic education were vigorously discussed. Participants experienced first-hand the challenge of integrating different points of view about the complex internal situation that besets APsaA. We were asked to provide a focused framework for discussion that could result in organizational change.

We are writing now to tell you how far we have gotten with that task. We have developed a set of proposals that we think will help move APsaA forward. We think they offer a foundation and frame for change that could relieve our Association of decades of acrimony and internal

conflict and permit a focus on the much larger challenges that face our profession.

Our aim in this communication is to be as concise and clear as we can. We offer our ideas to you for your consideration and understand there are details that will need to be clarified going forward.

Please review this set of ideas before the June meetings. Given the importance of the organizational challenges that face APsaA, we want to make adequate time for productive thought and discussion a priority.

Discussion of these proposals will begin during the first Joint Meeting, which immediately precedes the Wednesday afternoon Board on Professional Standards meeting. There will be further discussion at the Board on Professional Standards meeting itself, at the Executive Council Meeting, and, finally, at the second Joint Meeting immediately following the Thursday morning Executive Council meeting.

The essentials of our proposals are: the externalization of the regulatory functions of the Board on Professional Standards, the creation of a Department of Psychoanalytic Education to facilitate psychoanalytic education through promotion of contact and consultation between APsaA institutes, and development of the Executive Council's ability to oversee the Association's functions and govern effectively.

To achieve these goals, we propose the following actions:

1. IPA standards following the Eitingon model will be the baseline standard for education in APsaA institutes. The Association will remain a Regional Association of the IPA.

Institutes that want to adhere to requirements beyond the IPA baseline standard can do so.

2. The process of externalizing the certification examination, which will be given by the new American Board of Psychoanalysis (ABP), will continue and be completed by January 2016. Since IPA standards do not require certification for Training Analyst appointment, the decision whether to require it will become a decision of each local institute. After changes in APsaA bylaws regarding any requirement for certification, the APsaA Committee on Certification will sunset. Those institutes wishing to maintain certification for Training Analyst appointment will thereafter use the ABP.

3. A new Department of Psychoanalytic Education (DPE) will be created to conduct the non-regulatory functions of our existing Board on Professional Standards. It will focus on education and consultation between local institutes through non-regulatory committees similar to those that are now part of our Board on Professional Standards plus any additional committees that will advance the mission of the DPE.

4. An Institute Requirements and Review Committee (IRRC) will be

developed to review applications of non-APsaA institutes interested in becoming an APsaA institute. The IRRC will establish and revise as indicated procedures for review of each application focusing on whether the educational program of that institute is "substantially equivalent" to the IPA standards held by APsaA institutes. Similar to the Membership Requirements and Review Committee (MRRC), the IRRC will be a committee of the Executive Council.

5. The APsaA Department of Psychoanalytic Education will function on behalf of all existing APsaA institutes and those institutes that join APsaA in the future through the IRRC. Any APsaA institute that elects to adhere to standards in addition to the APsaA baseline standard and chooses to participate in an external entity following such standards could do so without alteration of its standing within APsaA as an APsaA institute.

6. The Executive Council will begin a process of self-assessment regarding its functioning; e.g., the nature of Councilors' roles and responsibilities and the Executive Council's mechanisms for overseeing all aspects of the Association's mission. Utilizing a professional nonprofit consultant of the Council's choosing who has expertise in best practices of Boards of Directors of nonprofit membership organizations, the process can begin in January 2016. The final process will be developed by Councilors in collaboration with their consultant. We have envisioned a process in which the consultant observes the Executive Council meeting and begins to meet with groups of Councilors to assess the strengths and weaknesses of the Executive Council and discuss potential changes in Council that will facilitate its ability to fulfill its responsibilities. The role of the Executive Committee in relation to the Executive Council will be part of this assessment and consultation. The Executive Council will inform the membership about its deliberations and any proposed changes that may require bylaw amendment.

After discussion at the Board on Professional Standards and the Executive Council and when there is approval of these proposals or variations acceptable to all, a package for gradual and comprehensive change will be put forth to the Executive Council, the Board on Professional Standards, and to the membership.

We would like to offer a final thought about these proposals. As you might imagine, these ideas were not easily arrived at during our ongoing discussions and retreats in the past year. However, all of us began focusing on listening, discussing and arriving at consensus regarding what would benefit the Association. We stopped thinking about winning or losing or getting every change we might have wanted. This was a difficult process but it might be our best recommendation for achieving real change.

We look forward to your responses to this set of proposals and to productive discussion in June. We hope the discussion will move us forward toward a shared vision of organizational change and progress

that will benefit our Association and our profession.

Respectfully,

The Executive Committee

Mark Smaller, President

Harriet Wolfe, President-elect

Ralph Fishkin, Secretary

Bill Myerson, Treasurer

Lee Ascherman, Chair, Board on Professional Standards

Betsy Brett, Secretary, Board on Professional Standards

Peter Kotcher, Executive Council Guest

Deadlines for several APsaA sponsored Awards and Prizes are coming up in the next few months. Below is a list with links to the APsaA website where you can learn more about each award and submission guidelines.

Tuition Support for Academics

Tuition support for academics to attend psychoanalytic training seminars at APsaA Institutes. Any academic - either CORST candidates currently enrolled in training or others simply interested in gaining psychoanalytic knowledge for research - is encouraged to apply.

Deadline: August 15

Candidates' Council Psychoanalytic Paper Prize

A \$500 first prize and \$250 semi-finalist honorarium awarded to an APsaA Candidate Member for the most outstanding paper on a

psychoanalytic subject. The winning paper is presented at the APsaA National Meeting and is reviewed for publication by JAPA.

Deadline: August 1

Excellence in Journalism

A \$500 award to recognize professional reporting of outstanding merit that contributes in an exceptional way to the public understanding of psychoanalytic and psychological principles and phenomena.

Deadline: September 16

Psychoanalytic & Psychodynamic Teachers' Academy

A professional development program for teachers of psychoanalysis and/or psychodynamic therapy. The Academy provides the opportunity for clinical teachers in psychiatry residency, psychology graduate and social work graduate programs to engage in a professional development program designed to facilitate their interest in psychoanalysis and psychodynamic therapy, and help them increase their teaching effectiveness with trainees.

Deadline: August 15

Ralph E. Roughton Paper Award

A \$500 prize for an unpublished manuscript that, in the opinion of the judges, makes an original and outstanding contribution to the psychoanalytic understanding and/or treatment of lesbian, gay, bisexual, queer, trans*, or gender-variant people. The paper is presented at the APsaA National Meeting and is reviewed for publication by JAPA.

Deadline: August 31

CORST Essay Prize

A \$1,000 prize for an outstanding essay that applies psychoanalytic

concepts and techniques to the arts and humanities and behavioral and social sciences. The winning essay is presented at the APsaA National Meeting and is reviewed for publication by JAPA.

Deadline: September 18

Courage to Dream Book Prize

A \$500 prize for a scholar with a full-time appointment in the arts and sciences who recently published a book that best promotes the integration of the academic and clinical worlds of psychoanalysis.

Deadline: September 18

Undergraduate Essay Prize

A \$500 prize for an undergraduate paper or essay which engages psychoanalytic ideas in relation to a focused question in any academic discipline.

Deadline: September 18

San Diego Psychiatric Society's Annual Conference, ***Advances In Addiction***

The San Diego Psychiatric Society planning committee cordially invites you to attend the San Diego Psychiatric Society's Annual Conference, ***Advances In Addiction*** on June 6th and 7th, 2015. Please visit www.sdpscme.com for the full agenda, speaker bios, and registration information. If you would like additional information, please contact Executive Director Victoria Pak at info@sandiegopsychiatricsociety.org.

ADVANCES IN ADDICTION

June 6th & 7th, 2015

Hyatt Regency in La Jolla at the Aventine

3777 La Jolla Village Drive
San Diego, California 92122

Tel: 858-552-1234
<http://www.hyattregencylajolla.com>

Mention the San Diego Psychiatric Society for discounted rates on hotel reservations!

[CLICK HERE TO REGISTER!](#)

Jointly Sponsored by the American Psychiatric Association and the San Diego Psychiatric Society, a District Branch of the American Psychiatric Association.





The San Diego Psychoanalytic Center is dedicated to promoting the relevance and vitality of psychotherapy and psychoanalysis

Advanced Training

Innovative, inspiring and individualized education

Continuing Education

Educational events for mental health professionals and the public about psychoanalytic thinking and clinical applications in diverse settings

Mentoring

Fellowship for mental health trainees

Referral Service

Referrals for psychoanalysis and psychoanalytic psychotherapy for adults, adolescents and children in the San Diego area (619-615-8428)

Events and Celebrations

Upcoming event: Spring celebration to honor new grads

Collegial Connections

Community of supportive,

early-career therapists

experienced, and dedicated
psychoanalytic therapists

Community Involvement

Connections with mental health
professionals, academic institutions,
and professional societies

Practice Promotion

Support in building
your therapy practice

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REMINDER: Please send all future announcements/event advertisements to Ms. Michelle Spencer at: sdpc.michelle@gmail.com. They will be included in the next volume of the SDPC weekly newsletter.

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Established in 1973 as a non-profit 501c3, the San Diego Psychoanalytic Center provides advanced mental health training in psychoanalysis and psychoanalytic psychotherapy; mentoring; community education; and public service to San Diego County.

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